

2000 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 2: Servings of Fruits and Vegetables Eaten by California Adolescents

For each meal and snack:

Did you eat any fruits or vegetables, or drink any juice for [meal or snack] yesterday?

Which fruits, vegetables or juice did you have?

How many servings of [each fruit, vegetable, or juice reported] did you eat for [meal or snack]?

	Reported Mean Servings of Fruits and Vegetables		
	Fruits, Vegetables, Salads and Juices	Fruits and Juices	Salads and Vegetables
Total	4.5	3.4	1.1
Gender			
Males	4.7 *	3.5 *	1.2
Females	4.3	3.2	1.1
Ethnicity			
White	4.7	3.3	1.4 ^b ***
African American	4.1	3.1	1.0 ^a
Latino	4.5	3.6	0.9 ^a
Asian/Other	4.2	3.2	1.0 ^a
Gender by Age			
Males			
12-13	5.2 ^b *	4.1 ^b ***	1.1
14-15	4.5 ^a	3.4 ^a	1.1
16-17	4.4 ^a	3.1 ^a	1.3
Females			
12-13	4.8 ^b *	3.6 ^b *	1.2
14-15	4.0 ^a	2.9 ^a	1.1
16-17	4.2 ^{ab}	3.1 ^{ab}	1.1
Smoking Status			
Non-Smokers	4.5	3.4	1.1
Smokers	5.0	3.6	1.4
Physical Activity Status			
Regular	4.6 *	3.4	1.2 ***
Irregular	4.1	3.2	0.8
Overweight Status			
Not at Risk	4.6	3.4	1.2
At Risk/Overweight	4.4	3.2	1.1

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

Some numbers may not add to total due to rounding. Numbers were rounded to the nearest tenth of a serving.

ANOVA

* p<.05

*** p<.001